

READINESS TO CHANGE AUDIT

Please rank from 1 through 5 based on whether you:

1 = STRONGLY DISAGREE 2 = DISAGREE 3 = NEUTRAL 4 = AGREE 5 = STRONGLY AGREE

Our company sees the value in providing health initiatives that focus on employee safety, well-being and health.

1 2 3 4 5

Our leadership team plays an active role in company initiatives and encourages employee buy-in and engagement.

1 2 3 4 5

Our company does/will support a communication strategy and process designed to market and promote health initiatives.

1 2 3 4 5

Our company does/will provide incentives to promote program engagement.

1 2 3 4 5

Our organization does/will ensure there are no barriers to employees participating in health initiatives.

1 2 3 4 5

Our company does/will allow our employees to interface with the clinician based on their risk and health needs.

1 2 3 4 5

Our company believes that integrating health management solutions impact retention, engagement, productivity, presenteeism, healthcare costs, and employee well-being.

1 2 3 4 5

Our company has a budget established for a comprehensive health management program.

1 2 3 4 5

Our leadership team/decision makers are in support of maintaining, changing, and integrating a comprehensive health management program.

1 2 3 4 5

Our company has discussed a launch date and plans to roll out a health management program within the next 6 months.

1 2 3 4 5

41 - 50 = High Readiness to Change

31 - 40 = Moderate Readiness to Change

21 - 30 = Uncertain

11 - 20 = Low Readiness to Change

0 - 10 = No Readiness to Change

Total:
